



## **CHANDRASHILA PEAK CLIMB - CHOPTA, TUNGNATH, DEORIATAL TREK**

<b>NATURE OF TRIP</b>	Trekking
<b>LOCATION</b>	Garhwal Himalayas, Uttarakhand
<b>DURATION</b>	5 Days (Haridwar - Haridwar)
<b>TREKKING DAYS</b>	3 Days
<b>MAXIMUM ALTITUDE</b>	Chandrashila peak summit (4000m)
<b>GRADE</b>	Moderate
<b>SEASON</b>	Sep-Nov (in winters, Dec-Mar, we run snow treks on this trail)
<b>ACCOMODATION</b>	Alpine Camping - 2 Nights Hotel/Eco lodge - 2 Nights
<b>GROUP SIZE</b>	Maximum of 15 persons <i>...We welcome you to join us on this memorable trip to the Himalayas</i>



## BRIEF DESCRIPTION OF THE CLIMB & THE TREK

If one is looking at a short 5-day trek in the Himalayas then look no further. This is one of the most enchanting short treks and lies in the Garhwal region of Himalayas. This hike is in a protected area and hence there are minimal signs of civilization and abundance of flora & fauna, which adds to the beauty of the place.



In the first leg of the trek we hike up to Deoriatal. This is a beautiful lake at an altitude of 2438 m and has captivating surroundings with forests all around. The Chaukhamba peak feels like it is an arm's length away and the reflection of the mighty peak in the crystal clear waters of the lake creates a beautiful effect. The story associated with this scenic place is that when the Pandavas were in exile and were hiding from the Kaurava king, Duryodhan, they stopped nearby for a rest. When their mother Kunti felt thirsty, one by one four of her sons went to fetch water from this lake but died, as they could not answer the question put forth to them by the Yaksha Devta who resided here. When the eldest son's Yudishtra's turn came, he answered all questions correctly and with the result the dead brothers also came back to life. Here we will camp by the lakeside and enjoy the star spangled sky in the night. Next on our trail is Chopta, popularly referred to as the Mini-Switzerland of India because of its undulating green meadows (carpets of snow in winter!!) and a breath taking view of the majestic Himalayan peaks. Camping here is a totally enjoyable experience. From here we will trek up to the Tungnath temple, which at an altitude of 3680m is the highest Shiva shrine in the world. All along the route, in addition to the abundant flora and fauna, one gets wonderful views of the Himalayan giants including Bandarpoonch, Kedar, Chaukhamba peak and may more. From Tungnath you can trek up a further 1 kms to the summit of Chandrashilla peak at about 4000 m. The 180 degree view of the snow-capped peaks and the underlying valleys all around make this trek well worth it. Another interesting and beautiful part of this trip is the opportunity to spend time at Himalayan Eco Lodges & Camps at Kund. This lodge overlooks the Mandakini river and is in the shadow of the Kedar peak and is a beautiful base to begin and end the trip.

## ITINERARY

### **DAY 01: Haridwar – Kund (1350m) Drive/200 kms/6-7 hrs**

We will meet at Haridwar railway station at 7:00 a.m and from here board a vehicle and be driven up to Kund. This is an interesting drive. You will, for most part of the journey drive along the Ganga & Alaknanda river before turning into the Mandakini valley. Enroute you will be crossing the holy towns of Rishikesh, Devprayag and Rudraprayag. Evening we will go for a short hike to stretch our leg muscles and also spend some time by the riverside. Overnight in the lodge.

**DAY 02: Kund (1350m) – Deoriatal (2438m) Trek/4-5 hrs** Today when you start hiking from the lodge you will initially walk through a few villages and a small temple town, Ukhimath. The walk from here on is through an enchanting mixed forest abundant in bird life. Today's hike is mostly uphill. We will reach Deoriatal lake by afternoon and spend rest of the day exploring the serene surroundings. This is a fine place for photography and bird watching. Overnight in tents.

### **DAY 03: Deoriatal (2438m) – Chopta (2800m) Trek/4-5 hrs**

Today we walk on a ridge for some time and then get into a series of ascents and descents which are gradual and completely enjoyable. You will encounter a mixed forest having oaks, pines, rhododendrons and a few more local varieties. Also we start getting views of other snow-capped Himalayan peaks. We will reach the campsite by afternoon and spend rest of the day exploring Chopta. The views towards the evening are going to be great so keep your cameras handy. The sunset from Chopta is also a photographer's delight!! Overnight in tents.



**DAY 04: Chopta (2800m) – Tungnath (3680m) – Chandrashila peak (4000m) – Kund Trek/4-5 hrs & Drive/1 hr**

We start the day by climbing up the slopes of the meadow. The climb is demanding but short and extremely scenic. It will take about a couple of hours to reach Tungnath temple. The golden meadows in this area are very striking so are the views of big mountains and valleys. Religious or non-religious does not matter, just sit by yourself for a few minutes in the courtyard of the temple with eyes closed you will feel very light! After a brief stop for refreshments and rest carry on with your climb to reach the summit of Chandrashilla peak at about 4000m. The effort is going to be rewarded multiple times with views which are surely unparalleled. From the summit you can see big Himalayan peaks (Nanda Devi, Trishul, Chaukhamba and many more) and surrounding valleys in all directions. After capturing the views in your camera start walking down to the base camp at Chopta and from there get onto your vehicles and drive down to the lodge in Kund where a refreshing shower and hot dinner awaits you. Spend time by the riverside. Overnight in the lodge.



**DAY 05: Kund – Haridwar Drive/200 kms/6-7 hrs**

After breakfast those who want to try their hand at the exciting sport of river rafting will get an opportunity to do so. We will offer a stretch of rafting on Alaknanda river which is suitable for first timers also. In case someone does not want to raft they can enjoy at the camp by the riverside and wait for the rest to join them after rafting. After finishing the rafting we will depart for Haridwar enroute crossing the spiritual capital of the country, Rishikesh. Trip will end at Haridwar and one can proceed with the onward journey. We will reach Haridwar by 3-4 p.m. Trip ends here.





## COST OF THE TRIP

### 1. Trek tariff (Haridwar to Haridwar)

- Double sharing basis (2 persons sharing a tent & room) – **Rs. 9250/-** per person
- Single sharing basis (1 person to a tent & room) – **Rs. 11,550/-** per person

### 2. Transport tariff (ex-Haridwar as per the itinerary)

**Rs. 2,600/-** per person



## TREK TARIFF INCLUDES

1. **2 guides** for the group of maximum 12 trekkers so 1 guide for 6 group members. This will ensure high safety and more information and personal attention which are necessary to appreciate a trek. All our guides are professionally trained and have many years of relevant experience in guiding treks.
2. **Accommodation in a deluxe mountain lodge in Kund** on single/double occupancy basis. This lodge has an absolutely fantastic location and very good quality facilities and services.
3. **High quality Camping arrangements**  
We believe that roughing it out necessarily doesn't mean sleeping in smelly sleeping bags, compromising on safety by using low quality equipment and having unappetising meals. We focus on your safety, basic comforts and the environment while camping. Keeping this in mind, the following equipment is provided on the trek:
  - 3/4 season imported alpine tents
  - Fresh and clean sleeping bags of very good quality
  - Good quality Camping Mattresses
  - Camping stools
  - Mess Tent
  - Toilet tents (2) with portable toilet seats
  - First Aid / Medical kit
4. **All meals** starting from dinner on Day 1 till breakfast on Day 5. A lot of emphasis is given to nutritional needs and a menu of vegetarian dishes is prepared accordingly. Tea/coffee will be served throughout.
5. **Porter/mule charges** for carrying camping equipment & rations
6. **Forest entry charges, permits & camping fee**
7. **First aid kit** (our guides are certified in handling first aid situations)





## TRANSPORT TARIFF INCLUDES

Do keep in mind that transport is a very critical component of your trek. This aspect is most often not given proper attention and can result in lot of discomfort especially in the mountains. We provide transfers to get you to the starting point and back as comfortably and in as less time as possible for you to enjoy the trip. We only use quality vehicles like Toyota Innova, Mahindra Xylo, Mahindra Scorpio, Tempo Traveller, etc. and no local jeeps or similar vehicles are used except where there are short transfers from the lodge to the trek points, etc. The transport tariff includes all driver charges, fuel, parking, toll and taxes.

## COST DOES NOT INCLUDE

- Porter/mule charges to carry your personal bag
- Any meals/services not mentioned above
- Any charges for video cameras, still cameras, etc.
- Soft drinks, beverages, etc.
- Personal expenses like tips, telephone calls, laundry, etc.
- Any costs arising out of unforeseen circumstances like landslides, road blocks, bad weather, etc.
- Insurance
- Service Tax

## OTHER OPTIONAL CHARGES

1. Charges for a porter/mule to carry personal bag throughout the trek (not more than 10 kgs): Rs. 600 per person for the complete trek

## PAYMENT TERMS & CONDITIONS

Rs. 3500/- as booking amount and the balance to be paid 30 days before the start of the trip.

- Payment to be made by Bank Transfer/Cheque/DD in favour of ANALA OUTDOORS (P) LTD. payable at Ahmedabad.
- Payment for this trip will not be adjusted against any future trips.

## Cancellation Charges (of the total amount):

• Minimum	25%
• Between 45 & 31 days	50%
• Between 30 & 15 days	75%
• Last 14 days	No refund

## IMPORTANT INFORMATION

### Transport Options (Delhi – Haridwar – Delhi)

For travel to Haridwar and back one can choose between air, rail & road. For air travel, the closest airport is the Jolly Grant Airport (30 kms) in Dehradun and is well connected to Delhi and other parts of the country by Air India, Jet Airways, Kingfisher Airlines & Spice Jet. Train travel is highly recommended with enough options being there. For train details, you could log on to [www.indianrail.gov.in](http://www.indianrail.gov.in) and for online railway ticket bookings you could log on to [www.irctc.co.in](http://www.irctc.co.in).

There are frequent Public Transport buses including Volvos available from Delhi to Haridwar that cost about Rs. 200- 700 per person. These buses depart from Delhi ISBT every 30 mins. or so and take about 4/5 hrs to cover the distance. The same is also applicable on the return journey. A private vehicle could also be arranged for if you require the same.

### Weather Details

In the post monsoon season (Sep-Nov) the days are sunny and clear with temperatures hovering around (14-22 °C) the evenings start getting cold with the onset of October and nights are comparatively colder (2-10 °C).

Please keep in mind that the above information is not exact and does not account for sudden changes. Whatever the temperatures and conditions rest assured we will be prepared to handle it with ease as we use equipment of very high specifications

### **LIST OF ESSENTIALS**

Mountain/adventure travel requires one to be adequately equipped with the right kind of personal gear. Since one is travelling in the wilderness there will be hardly any opportunity to buy anything once you hit the trail so we urge you to carefully pack everything into your bags.

- Shirts / T-shirts – 2/3
- Jeans / Trekking Pants - 2
- Windproof jacket of decent quality (no flimsy wind cheaters please!) preferably with a hood
- Warm and thick Fleece / Full-sleeve Woollen sweater
- Thermal inner wear (upper & lower)
- Woollen cap
- Woollen gloves
- Woollen socks & regular socks (3-4 pairs)
- Scarf/muffler (optional)
- Comfortable Trekking/Hiking shoes (shoes with a thick sole are recommended)
- Lightweight floaters/sandals/slippers
- Raincoat / Poncho
- Small light weight towel
- Water bottle (sturdy ones, no empty Bisleri bottles!!)
- Cap / Hat to keep the strong sun away from your face
- Sun glasses
- Walking stick / Trekking pole
- Sunscreen Lotion
- Lip Balm
- Torch / Flashlight (with extra batteries)
- Medicines, if requiring any specific medication
- Personal toiletries
- Book, if you like reading
- Day pack/small bag which you will carry on your back every day and keep your essentials in it
- Carry rain cover for your bags
- Keep a few poly bags or waterproof bags in your bag in which if required you can put your belongings in case of heavy rain
- Camera if you like (with fully charged batteries)

...LOADS OF ENTHUSIASM!! AND A PLEDGE TO LEAVE NO TRACE

*Carry your stuff in a duffel bag, soft shoulder bag or a rucksack. Avoid suitcases, trolleys or any other hard luggage. As you will be walking long distances carrying a rucksack, avoid bringing unnecessary items on the trek. Please avoid carrying expensive watches, jewellery and electronic items on the trek.*

**NOTE:** In case you are planning to put your bag on a mule or taking a porter please get a duffel bag or rucksack and keep it in mind that there is a possibility that the bag at times might brush against a rock or a tree and get slightly damaged so don't get very expensive bags. Also in case of damage we shall not be held accountable

### [Our Trekking Code](#)

We are mountain lovers and have pledged to bring no harm to them in our pursuit of running organised wilderness travel in the Himalayas and seek your assistance too in this regard. We are more than convinced that one can have more fun on a trip if we go about it in a way that no harm is caused to the ecology. In this regard we have a set of guidelines that we adhere to based on the tenets of 'Leave No Trace' & 'Tread Light' policies. These guidelines are very simple and emphasise on travelling in small groups, better planning, understanding impact of camping, proper waste disposal, respecting local cultures, sensitivity towards wildlife and so on.

### [Acclimatisation & high altitude sickness](#)

This is one of the most important aspects of travelling in the high Himalayas and cannot be ignored or set aside. Acclimatisation basically means our body adjusting to lower levels of oxygen (rarefied air) & reduced air pressure as we move up. In case one does not acclimatise properly there are chances of the person facing extreme discomfort and this can be fatal in extreme cases. While there is no set route to getting properly acclimatised there are a general precautions and steps that one can take to initiate good acclimatisation. Our trekking guides will assist you with these.

### [Trek grading system](#)

**Moderate** On these treks one is not required to trek for more than 5/6 hrs a day. Also the terrain is not too difficult. These treks are normally a week or so long. For these treks prior trekking experience is not necessary. Very rarely on these treks would one camp at altitudes higher than 3800m. These treks are great for first timers or for veterans wanting to go on a trail which is relatively less demanding

### **DISCLAIMER**

Anala Outdoors (P) Ltd. takes utmost care to ensure safety of its clients. However in the case of any unforeseen mishaps, Anala Outdoors (P) Ltd. will not be liable for any injuries caused or for loss of life. All disputes arising due to the above are subject to the jurisdiction of the courts in Ahmedabad only. All participants would be required to sign an Indemnity Form before the start of the program, without which they would not be allowed to take part in the trip/program/activities.